

Priority Area: Mental Health & Wellness

| | |
|-------------------------|---|
| Goal | By 2028, expand access to and awareness of mental and behavioral health services through improved collaboration, education, and resource visibility. |
| Assets/Resources | Partners include but are not limited to: Liberation Program, NAMI, Resources to Recover, Silver Hill Hospital, Kids in Crisis, Catalyst CT: The Hub, Rowan Center, Barbara’s House, Jewish Family Services (JFS) of Greenwich, RyeACT. For a full list of partners please see Appendix E. |
| Barriers | <ul style="list-style-type: none"> • Limited availability of behavioral health providers • Persistent stigma surrounding mental health care • Fragmented communication across providers and systems of care • Lack of awareness of existing community behavioral health resources |
| Metrics | <ol style="list-style-type: none"> 1. Number of 988 /Suicide Awareness trainings and programs. 2. Number of behavioral health education programs conducted. |
| Strategy #1 | Crisis Intervention: Provide and promote awareness of suicide support and community crisis intervention programs. |
| Strategy #2 | Reduce the Stigma: Provide and promote community behavioral health education and awareness programs. |